



# Benbrook News

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From the Sports Desk with John English

## BMHS Wrestling, Basketball & WHHS Soccer Updates

Three Benbrook wrestlers qualified for the state tournament this past weekend, and coach Wade Cribbs said, overall, it was a great effort.

“Mac and Desmond both fought their tails off, and I could not be more proud of them,” Cribbs said. “Neither placed, but Mac Shafer did have a big win in the second round.”

Shafer, Desmond Chambers and Bailey Lott all qualified for the state tournament, which was a great accomplishment in a season of big achievements for the Bobcats wrestling squad.

“As a whole, I thought we had a great season with a lot of milestones,” Cribbs said. “Two wrestlers went over 100 wins for their career, our program captured its 100th dual win, we had multiple District champions and our boys had their most successful tournament season as a team. Placing top 3 in 5 tournaments.”

Cribbs said his squads did face a few setbacks along the way, but overall he is very pleased with how things unfolded.

“We had some injuries that bit us at the end, and I think if we would’ve avoided those we could’ve had more kids at the state tournament with a chance to get on the podium,” Cribbs said. “As a whole though, it was a great season with a lot of growth not just on the mat but in how our kids take on challenges

*(continued on page 4)*

From Benbrook News Staff Reporters

## Benbrook Municipal Court Citation Procedures

Residents cited for violations in Benbrook are reminded that the city’s Municipal Court serves as a court of record with jurisdiction over Class C misdemeanors filed by local enforcement agencies.

The court handles citations issued by the Benbrook Police Department, code enforcement officers, animal control officers and the Benbrook Fire Department.

Court clerks process Municipal Court documents, set trial dockets, collect fines and fees, maintain court records and perform administrative duties delegated by the Municipal Court judge. Officials note that court clerks are not licensed attorneys and cannot provide legal advice.

Individuals have 10 calendar days from the date of an offense to make a disposition of a citation. A telephone call to the Municipal Court does not constitute an official appearance.

Online payments are accepted in certain circumstances. Defendants are encouraged to review the city’s online payment information before submitting payment.

Under state law, only a licensed attorney may act on behalf of a defendant to resolve a citation. While individuals may choose to hire an attorney for trial, they are not required to do so.

State law also requires juveniles to appear before the judge. Juveniles must be accompanied by a parent or legal guardian. Minors age 18 or younger charged with an alcohol-related violation must also appear in court with a parent or legal guardian. The court will mail notice of the date, time and location of the required appearance to the address listed on the front of the citation.

Municipal Court sessions are held at the Benbrook Police Department building, 1080 Mercedes St., Benbrook, TX 76126.

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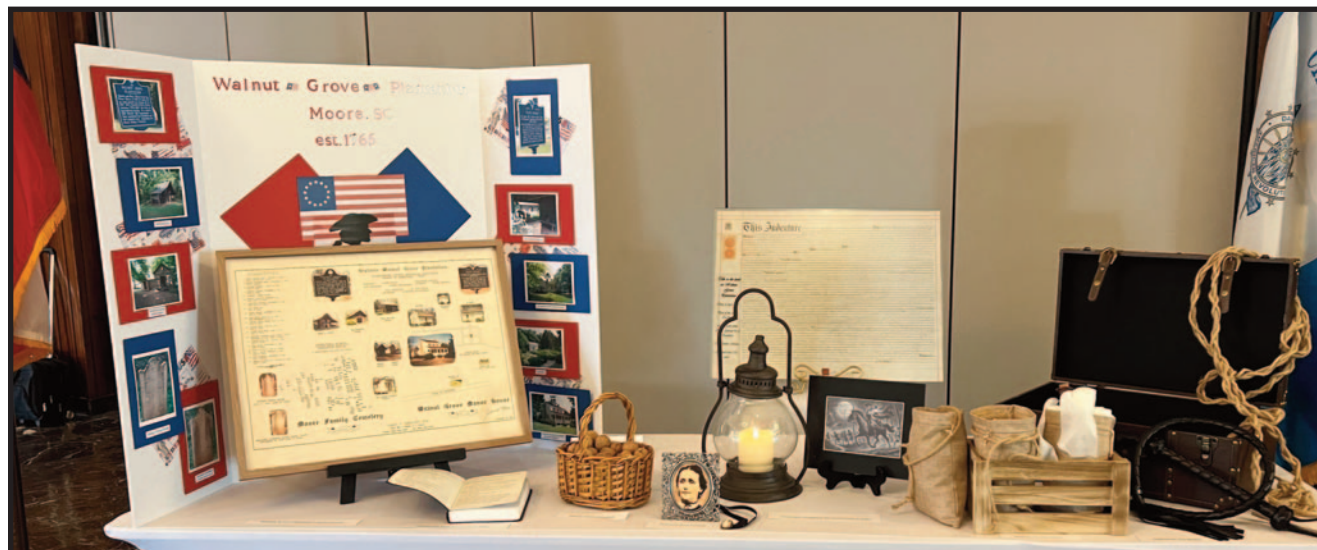
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• **Engagement Announcements** must be published four weeks prior to the wedding. **Wedding Announcements** have a 350 word limit. **Anniversaries** are limited to 150 words. • **Obituaries** are limited to 250 words and cost \$100.

Mistakes in stories or ads must be reported by Friday at 4 p.m. following Thursday's edition for corrections. Advertising payments are due by 10 a.m. Monday.

From the Mary Isham Keith Chapter, National Society Daughters of the American Revolution  
**DAR Chapter Highlights Revolutionary War Heroine**  
**Kate Barry at February Meeting**



patriot cause.

Members also viewed a display of historical items representing Barry's life at Walnut Grove Plantation, the family homestead established after her father, Charles Moore, emigrated from Antrim, Ireland, in 1763. The Moore family claimed a land grant issued by King George III and built what became a focal point of patriot activity in the region.

When the Revolutionary War began, Kate Moore married Capt. Andrew Barry, who joined the Continental Army. According to historical accounts, Barry served as a messenger and spy for patriot forces. She is said to have overheard plans of approaching British troops and relayed the information to Continental officers, helping warn local forces of impending attack. The American victory at the Battle of Cowpens marked a critical turning point in the Southern campaign. In recognition of her efforts, Barry was later awarded a medal and honored as the battle's heroine.

The presentation was delivered by Watson-Sanchez, a sophomore at R. L. Paschal

High School, where she is active in the drama department, serves as vice president of the Creative Writing Club and co-president of the Penta Club. She has earned the Eagle Scout Award and is working toward the Girl Scouts Gold Award. In addition, she volunteers as a figure skating coach and gives her time to organizations including Tarrant Area Food Bank, Mission Arlington and John Peter Smith Hospital.

The DAR is a nonpolitical women's service organization whose members trace their lineage to individuals who supported American independence during the Revolutionary War. Those interested in learning more about membership may email [mikregent2025@gmail.com](mailto:mikregent2025@gmail.com).

Members of the Mary Isham Keith Chapter of the National Society Daughters of the American Revolution stepped back into Revolutionary War history during their February meeting with a vivid portrayal of a South Carolina patriot.

The program spotlighted Margaret Catherine "Kate" Moore Barry, remembered as the heroine of the Battle of Cowpens and an ancestor of several chapter members. Chile Watson-Sanchez, daughter of member Dr. Ginger Watson-Sanchez and Dr. Hugo Watson and granddaughter of John and Trish Watson, brought Barry's story to life through a first-person reenactment that highlighted her courage and service to the

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# Sports Desk (continued from page 1)

and overcome adversity. We have great kids and parents that make up our really wonderful Bobcat wrestling family.”

On the court, the Benbrook boys defeated Diamond Hill-Jarvis by a score of 65-47 in a game where coach Blake Mendez said was closer than the score indicates.

“We had a bit of a slow start, and Diamond Hill was sharp from three,” Mendez said. “Every time we felt like we had momentum they would hit a big three to keep it close. Once we settled in though, our confidence grew and we were able to take control. We did a good job defensively in the second half taking away the open three’s that we gave up in the first half, which made it difficult for them to score.”

It was senior night for the Bobcats, and Mendez game seniors Brennan Barton, Maddox Thompson, Will Cook, Jayden Bradshaw, Deshawn Deane, Jayden Hall, and Andrew Garcia credit for the current state of the program.

“Thank you guys for leaving it better than you found it,” Mendez said.

With the playoffs approaching, Mendez said he likes how things are shaping up.

“We have been a little banged up the last couple of weeks, but we’re finally getting guys healthy and we look forward to having a full squad ready to go by playoffs,” Mendez said.

On the girl’s side, Benbrook defeated Dunbar by a score of 34-19 in its season finale, and coach Leta Lofton said her team competed well.

“I was proud of the way our team performed against Dunbar,” Lofton said. “It was a complete team effort, and I thought our players did a great job of staying focused, playing with energy, and executing the game plan on both ends of the court.”

Lofton said she has several players step up and make key contributions in that game.

“Grace Klaerner in scoring and Giuliana Lucero in steals and assists,” Lofton said. “I thought our leadership and energy were

really strong, especially from the players who set the tone defensively and made winning plays that don’t always show up on the stat sheet.”

Benbrook opened up the playoffs with Krum on Monday night after the paper had already gone to press.

On the pitch, the Western Hills boy’s soccer team came up just short against Diamond Hill-Jarvis in a nail-biter.

“Our game was thrilling, but not what we wanted,” coach Matt Collins said. “We got out to a 2-0 lead. But we couldn’t hold on. It was a great game, and I cannot be more proud of our guys.”

Collins said he had a couple of standout performances in the game.

“Stiven Gonzalez and Jacob Gutierrez were great all game,” Collins said. “We had two freshmen who played their first varsity game, Elian Herrera and Isaac Hinojos. I am excited for their futures.”

With the first half of district wrapped up, Collins said his team has a little work to do.

“We are on the outside looking in,” Collins said on Saturday. “But we are close to being top four. We just need to find some ways to win. That starts Tuesday vs. Southwest.”

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From Texas Parks and Wildlife Foundation

# New Wild Thumb App Makes It Easier for Texans to Grow Native Plants for Pollinators

A new free mobile app from Texas Parks and Wildlife Foundation is helping Texans of all experience levels grow drought-tolerant native plants that will help pollinators thrive.

Wild Thumb guides users through an easy-to-follow, step-by-step process of selecting, planting, and caring for native plants. Whether you're growing plants in a patio pot, designing and creating a colorful native flower bed, or transforming a section of your backyard into a pocket prairie, Wild Thumb provides personalized recommendations, design tools, and timely reminders for watering and pruning as well as freeze alerts.

Wild Thumb draws from a proprietary database of commonly available native plants, organized by Texas ecoregions and tailored with key details such as sunlight and watering needs, soil moisture tolerance, and bloom times. The app also provides a map of local nurseries that sell native plants as well as helpful tips and guidance.

"Wild Thumb takes the guesswork out of native gardening so that anyone in Texas, no matter where they live or how much space they have, can be part of the pollinator solution," said Julie Shaddox, TPWF's Director of Development & Conservation Programs. "Most people don't realize that many of our native pollinators, including the American bumblebee, are in decline. By planting even a few native plants, Texans can make a tangible difference in restoring the critical habitat these species depend on."

Future updates to the app will add more plant species, highlight specific pollinators each plant attracts, and more educational content about prairie ecosystems.

The app is part of TPWF's Pollinators & Prairies program, which launched in 2024 to increase healthy prairie habitat and pollinator populations, encourage Texans to plant native grasses and wildflowers, and to fund critical research on native bees and other vital pollinators.

More information on the program can be found at [www.pollinatorsandprairies.org](http://www.pollinatorsandprairies.org).

The app was funded by H-E-B, the presenting sponsor of Pollinators & Prairies, as part of its Our Texas, Our Future commitment, and contributing sponsor Phillips 66. The app was developed in collaboration with Outside Studio, with assistance from the Native Plant Society of Texas and professional botanists.

Wild Thumb is available for smartphones and iPad and can be downloaded for free in the App Store and Google Play, just in time for the spring gardening season.

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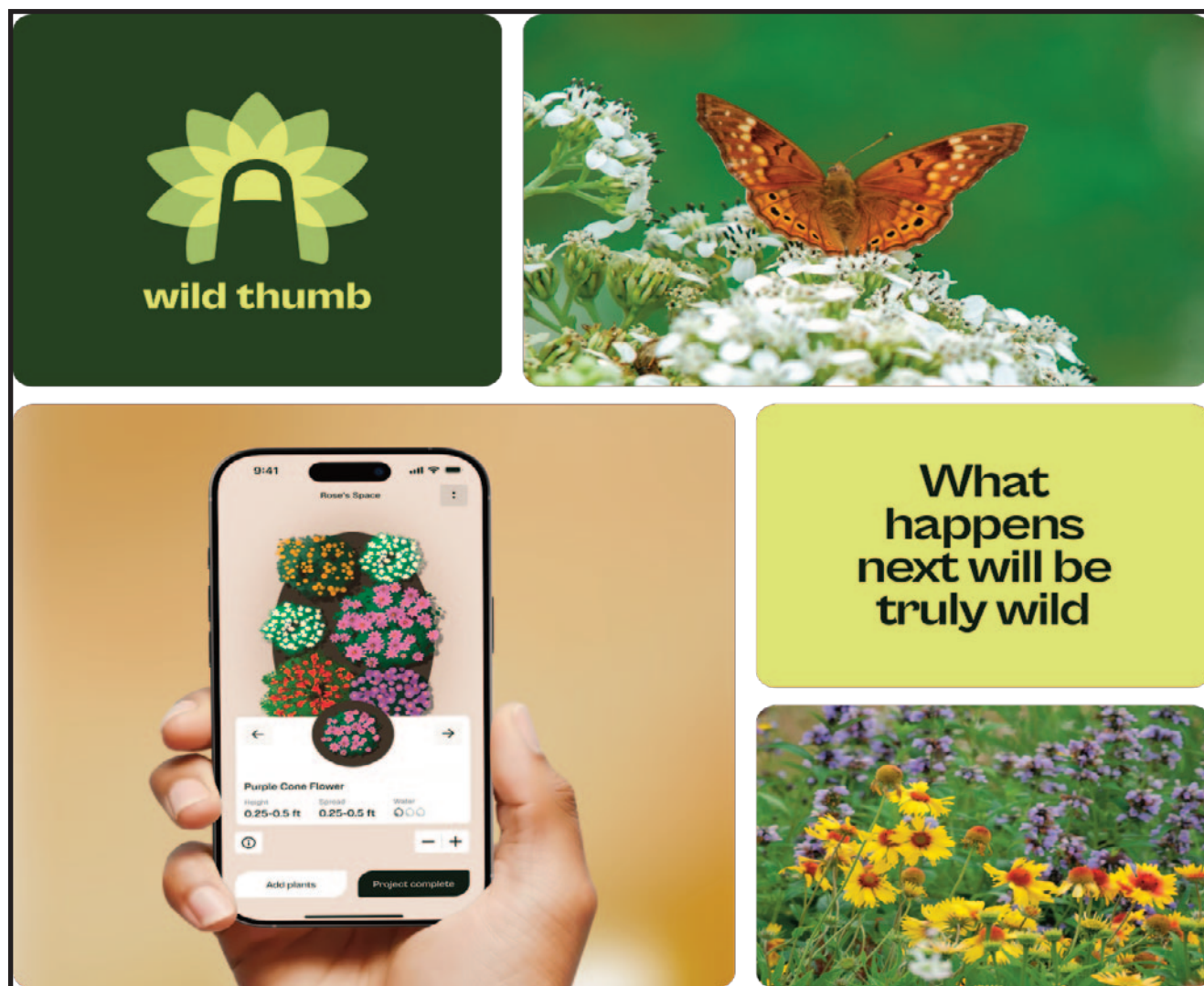
## *Bomber News Reader Submission* **Lockheed Martin Retirees Invited to Monthly Meetings**

Retirees who worked at the General Dynamics or Lockheed Martin Fort Worth plant are invited to join the Lockheed Martin Association of Retirees, which meets at noon on the third Tuesday of each month at VFW Post 5617, 580 S. Cherry Lane.

The group gathers to renew acquaintances and hear programs and guest speakers.

In addition, a related group, ROMEO (Retired Old Members Eating Out), meets for breakfast at 8 a.m. on the last Monday of each month at the Dixie House Cafe, 5401 S. Hulen St.

For more information, visit [lmarfw.com](http://lmarfw.com) or contact Mike Golas at [fastjet@att.net](mailto:fastjet@att.net).



Texas History Minute by Dr. Ken Bridges

## *From Mount Vernon to Yorktown: George Washington and the Unconquerable Resolve That Forged a Nation*

As America approaches its 250th anniversary of its independence, historians continue to assess the lives and impact of its earliest leaders. George Washington, long called the Father of the Country, stands out among a cast of daring, bold, and sometimes colorful figures from the time period. Washington had a life of both frustrations and triumphs, but his determination and sense of integrity became the defining characteristics of his life.

George Washington was born February 22, 1732, in Westmoreland County, Virginia, near the coast. His father, Augustine, was a planter and justice of the peace. His marriage to Mary Ball Washington was his second marriage. George Washington was the eldest of six children born into the second marriage and had a warm relationship with his older half-brother Lawrence from his father's first marriage. In 1735, the family moved to a new plantation in nearby Fairfax County which the family later named Mount Vernon.

His relationship with his parents was often uncomfortable, and after his father's death in 1743, Washington's life changed considerably. He was unable to go to the English boarding school his half-brother had gone attended. Instead, he attended the nearby Lower Church School, a small school run out of the local Anglican church. He grew to a towering 6'4" and became an expert horseman and developed a love for dancing. Family friend William Fairfax, a local judge and planter, took the young Washington under his wing and taught him to be a surveyor. Washington received a surveying certificate from the College of William and Mary in 1749, and Fairfax had him appointed county surveyor for nearby Culpeper County at the age of 17.

In 1752, following his older brother's footsteps, he enlisted in the Virginia Militia and was soon appointed as a major. The British were facing tensions with the French as the two powers challenged each other for control of the Upper Ohio River Valley. The Ohio Company, a Virginia land company that included Fairfax, Washington's older brother, and other elites, heard rumors of French encroachments on their lands in eastern Ohio and western Pennsylvania. Washington's superiors tasked him with assessing the threats.

The threat became obvious in June 1754 when Washington found the French building Ft. Duquesne, a huge fortress in what became Pittsburgh. Washington, with a small detachment of militia troops quickly built a small stockade called Ft. Necessity to challenge the French. On July 4, French troops ordered his surrender. Washington, surrounded and vastly outmanned and outgunned, accepted the terms and agreed to leave the area. Though he faced criticism for the decision, most observers across the colonies and in Britain called it a heroic stand in the face of overwhelming opposition.

The French and Indian War soon erupted, a war that engulfed

Europe and the Americas. Washington, soon promoted to lieutenant colonel, distinguished himself in campaigns throughout the war and hoped his conduct would be rewarded with a commission as a regular officer in the British army. At the Battle of the Monongahela in 1755, a devastating ambush that left the senior officer, Gen. Edward Braddock dead, Washington had two horses shot out from under him as his actions saved what was left of British and colonial forces. After the battle, he discovered several bullet holes in his coat and hat and realized how close he had come to death himself. Washington won the respect of the men for charging into combat. But by 1757, the new British commander in Virginia, Lord Loudon, told Washington in no uncertain terms that he would not be given a commission. The decision stung Washington, but he still did his duty to his utmost. In 1758, he took part in the Forbes Expedition, the attempt to retake Ft. Duquesne. By this point, the tide of the war was shifting in the British favor, and Washington's and other brigades found the fort abandoned.

With the war now winding down, Washington resigned his militia commission. In 1759, he married the widowed Martha Custis and adopted her two children. The union made him one of the wealthiest men in Virginia. The two never had children together, but it was a happy marriage by all accounts.

That year, voters sent Washington to the House of Burgesses. Washington never became a great speaker or orator in a time when those skills could make or break a political career. A formal man, he preferred brevity in speech and moderation with the issues. A man of principle, Washington saw these principles increasingly tested in the 1760s as heavy-handed British actions upended its relationship with the colonies, tore apart the rights of the colonists, and pushed America into a confrontation with the crown government. Washington, like the other Americans of his generation, would soon face a difficult choice about his principles and what price he was willing to pay for those ideas.

In the years after the French and Indian War, the American colonies saw one right falling after another from a distant government in which the colonists had no vote and no voice. Taxation without representation, the erosion of the right of trial by jury, invasions of homes and businesses without warrants, arrests for peaceful assemblies, and the closures of colonial legislatures for protesting these actions. He served in the Virginia House of Burgesses aside Thomas Jefferson and Patrick Henry.

Washington was more moderate in his approach to the growing problems than a firebrand like Henry and his thundering speeches. He supported the colonial boycotts against British products in the 1760s to protest taxation without representation and preferred the work of quiet diplomacy. In 1772, he supported more united action by the colonies with the Committees of Correspondence, in which colonial leaders would communicate with *(continued on page 7)*

## Washington (continued from page 6)

each other to report the actions and abuses of the British. In 1774, he became a delegate to the First Continental Congress, an attempt to unite the colonies in their protests against British abuses.

When fighting erupted in April 1775, the Continental Congress concluded that the colonies needed their own army instead of the individual militias of the colonies. On June 14, 1775, the Continental Army was created, a day the US Army still celebrates as its birth. John Adams nominated Washington to be its commander-in-chief. Washington accepted but refused to be paid for his service believing his duty to defend his neighbors was more important. In fact, he would end up paying many army expenses personally.

In March 1776, he forced the British from Boston at the Battle of Dorchester Heights. As the British approached New York with an army of 37,000 that summer, he rushed to Long Island to meet them. On July 4, the colonies declared independence. A copy of the Declaration of Independence was sent to Washington in New York. Washington had it read to his troops as he wanted to remind them what they were fighting for. He understood the difficulty they were facing. Above all, Washington believed the greatest strength of America was in his words “the unconquerable resolve of its citizens.”

Washington was outnumbered and lost the Battle of Long Island. New York City would be held by the British throughout the war. He was pushed back across New York into New Jersey and then into Pennsylvania. By December, it looked like the war was lost. Washington decided they needed to strike back. On Christmas night, he gathered his troops and crossed the Delaware River back into New Jersey and quietly marched to the nearest garrison, an outpost at Trenton held by German mercenaries working for the British. At daybreak, he caught them completely off guard and took the post. The victory in the dead of winter sent a message to the British and to the American people that Washington was not backing down and the cause was still alive.

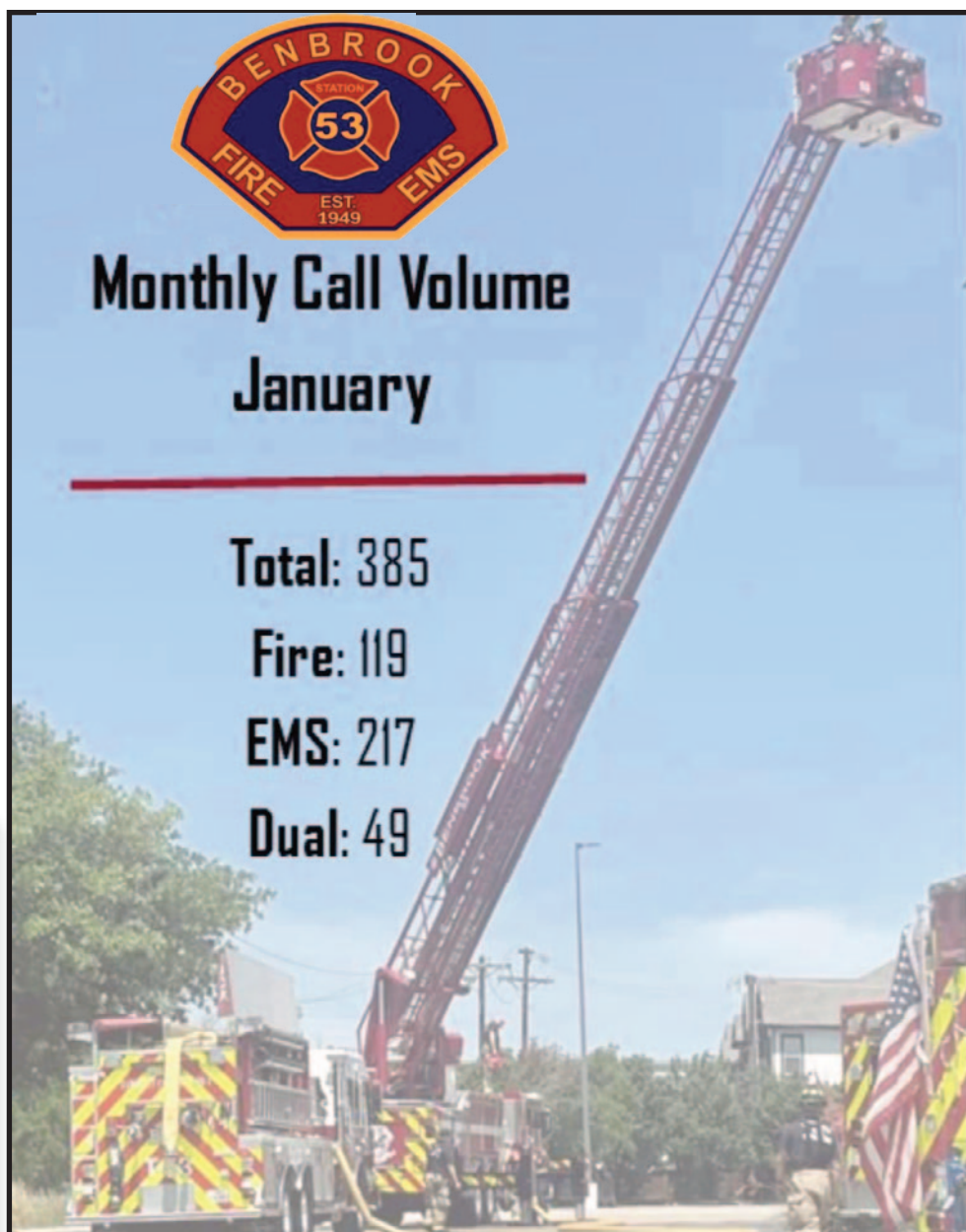
He would lose more battles than he won, a fact that frustrated some in the heat of the moment, but his determination to keep fighting wore down the British. Conditions on the battlefield were harsh and dispiriting, but Washington kept the men fighting each year of the war. By 1778, British officials quietly concluded they could not win the conflict, but the fighting would continue. That same year, France allied with the United States against the British, impressed how the small force fighting for independence was

matching one of the most armies in the world.

The final victory would come at Yorktown, Virginia, in 1781. Knowing that British forces were heading northward from the Carolinas prompted Washington and his French allies to head to Virginia. After a battle of nearly two weeks, the British surrendered; and the war was won. Washington could have had anything he wanted after leading the fight against Britain, but he instead quietly returned to his life at Mt. Vernon.

In 1787, he would preside over the Constitutional Convention that gave the new nation the constitution still in use today. He was elected unanimously to two terms as president starting in 1789. He stepped down in 1797, believing that no man was indispensable and that the cause of freedom and unity mattered more than one man.

“They wanted another Washington,” mused Napoleon during his exile to St. Helena years later. Even decades after his death, Washington's willingness to give up power astounded European observers. He preferred to let Americans define themselves and lead themselves than force any vision of his own upon the people. His honesty and his character were upheld as an example to American schoolchildren for generations afterward. Cities, counties, schools, monuments, universities, and the nation's capital were dedicated to Washington.



**Benbrook City Council Meets Tonight**

**7PM @ 911 Winscott Rd.**

**Read the Feb. 19 meeting agenda:**

***CLICK HERE***

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## Weekend Forecast



**Friday, Feb. 20:**

**AM** - Mostly sunny, with a high near 68. N/NE wind 5 to 10 mph becoming E in the afternoon.  
**PM** - Partly cloudy, with a low around 49. East wind around 5 mph becoming W/NW after midnight.



**Saturday, Feb. 21:**

**AM** - Sunny, with a high near 64.  
 Northwest wind 10 to 15 mph, with gusts as high as 25 mph.  
**PM** - Mostly clear, with a low around 36. North wind 10 to 15 mph, with gusts as high as 20 mph.



**Sunday, Feb. 22:**

**AM** - Mostly sunny, with a high near 59. North wind around 10 mph.  
**PM** - Partly cloudy, with a low around 37.

**Extended Forecast [Click Here](#)**