

84th Year, No. 6 • 7820 Wyatt Drive, White Settlement, Texas 76108 • www.suburban-newspapers.com • February 8, 2024

Around the Town with Denise Honeycutt Benbrook Library Hosts Jigsaw Puzzle Competition

A Jigsaw Puzzle Competition was held recently at the facility. Ten tables were set up consisting of two to five individuals who assembled the same 500-piece puzzle called "Love in the Wild" that promptly started at 1 p.m.

This free, family friendly event is just one of the many events that the library offers to the community and was enjoyed by all.



First place winners with the winning time of 29 minutes and 49 seconds were: (l-r) Leilani Matlack, Kelvin Okamura, William Harrod, Anna Harrod and Evalani Okamura.

Benbrook Council Action bt John English Feb. 1 Meeting Wrap Up

The Benbrook City Council meeting held on Feb. 1 was conducted as scheduled. Mayor Jason Ward called the meeting to order. An invocation was followed by the Pledge of Allegiance.

Time was then allowed for citizen comments on any agenda item, but there were none.

The minutes from the previous meeting held on Jan. 18 were then approved unanimously.

The first item of the evening was

(continued on page 3)



Second Place winners at 39 minutes and 44 seconds were: (l-r) Linda Bowen, Natalie Bowen, Jenn Craver and Anna Abraham.



Third Place winners at 41 minutes and 53 seconds were: (l-r) Katie Lester, Samantha Lester, Reagan Silvey and Leslie Silvey.

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Suburban Newspapers, Inc.

City Council (continued from page 1)

a proposal to approve an Economic Devel- nance amending Title 15-Buildings and property owners from having to obtain a opment Performance Agreement between Construction of the Benbrook Municipal permit to perform routine grounds maintethe Benbrook Economic Development Cor- Code (1985), as amended, by amending var- nance, landscaping, and home gardening, poration (BEDC) and JVEP Commerce ious sections of Chapter 15.40 - the Flood clarify the provisions for flood hazard re-Centre, LLC.

would include façade enhancements, replac- the area of special flood hazard. ing and repairing stucco and flashing on buildings where needed, sealing and paint- tached Ordinance amending Chapter 15-40 of the value of the structure (costs over 50%) ing the exterior of all seven buildings, replacing gutters throughout the property as needed, replacing exterior lights throughout Code to reduce immaterial restrictions and izen comments, but there were none. the property as needed, restriping the existing parking lot, updating landscaping throughout the property, replacing irrigation ing to the agenda. as needed, replacing two fences, adding new suites, and updating the existing signage. The estimated project cost for the work is requirement for a city issued floodplain per- opment Corporation for continuing to bring

\$455,887.

mously.

Hazard Protection, relating to the repair and duction for new construction and substantial The proposed Commerce Centre project improvement of structures located within improvements and allow structures located

of the Flood Hazard

Protection of the Benbrook Municipal provide additional improvement options for

garage doors for the eleven warehouse Definition section, add a non-conforming publication. section for uses and structures, eliminate the mit for "general maintenance", which in- well thought-out plans to the city council The agreement was approved unani- cludes all repair work and other that "represent what the comprehensive plan improvements to properties that otherwise says we are here to do." Next up was a motion to adopt an ordi- do not require a permit from the city, exempt

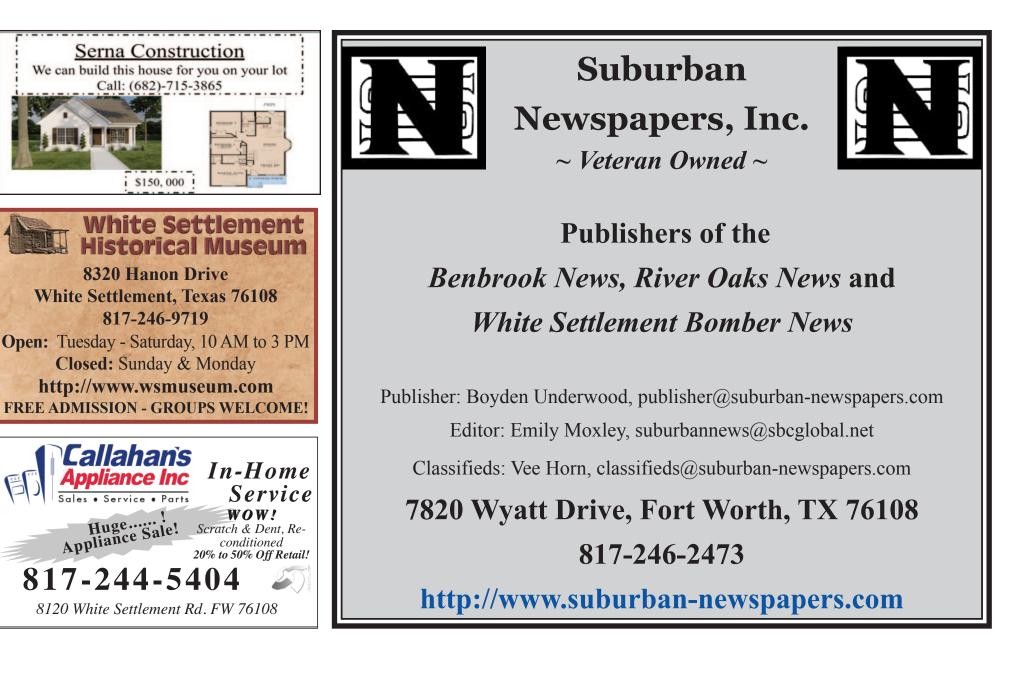
in the floodway to be repaired or improved Staff recommended adoption of the at- provided the total cost is less than 50 percent of value are considered subs.

Time was then allowed for informal cit-

Time was then allowed for council properties situated in the floodplain accord- member and staff comments, and Renee Franklin reminded residents of a couple of This would update and add terms in the events that already passed by the time of

Ward then thanked the Economic Devel-

The meeting was then adjourned.



Suburban Newspapers, Inc. From the Sports Desk with John English

Lady Bobcats Basketball Team to Face Alvarado in Bi-District **Round; Cougars Defeat Bobcats in Soccer Shoot Out**

The Lady Bobcats basketball team clinched the third playoff seed in district 9-4A last week with a 47-43 victory over the Young and preparing to play our best basketball in our final game versus Women's Leadership Academy.

Coach Leta Lofton said it took her team a while to find it's rhythm in the game, but, "It was a slow start for us, allowing YWLA to run off a 15- point lead," Lofton said. "After halftime, we were able to make a few adjustments and gain the lead in the Western Hills/Benbrook match. fourth quarter behind the hot 3-point shooting from freshmen Grace Klaerner and Sam Lindsey, and also the aggressive attack to the are up for it. Our teams have many common bonds. Going out on bucket by senior forward Sharon Mpinda."

Benbrook will square off with Alvarado in the bi-district round, and Lofton said she is pleased with how her team is competing in the game. heading into the playoffs.

fight at critical parts of the game," Lofton said. "We are young, but strong all game long." we have matured and gained knowledge and experience along the way.

Hopefully what we have learned will pay off for us in the playoffs."

Over at Western Hills, the Lady Cougars lost to Dunbar last winning." Tuesday by a score of 66-20.

and coach Blake Mendez said it was a good defensive effort from his team.

"YMLA is a scrappy bunch, and coach Lee had a great game plan," Mendez said. "They made it tough for us to score, but our defense showed up. Anytime you can hold your opponent in the sists, and Lily Chavez and Campbell Cox finished with two goals 30's, you give yourself a chance to win and that's exactly what we each. were able to do."

Mendez said "Jaelyn Robinson was big for us off the bench. His said she expects a challenge. rebounding secured possession's for us and he hit a big 3 in the fourth quarter when YMLA was trying to go on a run," Mendez teams in our district," Castillo said. "They are off to a winning said.

With the playoffs right around the corner, Mendez said his team up our team dynamic, we hope to bring home another win." is starting to gel.

"We've had some bad luck lately with injuries and sickness, and we're finally getting past all of that," Mendez said. "We're getting healthy at the right time and we're ready to compete."

Over at Western Hills, the Cougars lost to Eastern Hills on Friday, and coach Blake Dunson said he was proud of the way his team competed.

"We were a little short-handed against Eastern Hills, but we competed well," Dunson said. "Obviously being number one in the state, we knew it was going to be a challenge. I expect us to be ready to play against Diamond Hill on Friday as we honor our seniors and can clinch a playoff berth with a win."

The Cougars will host Diamond Hill-Jarvis at 7:30 p.m. tomorrow, and Dunson said this week is critical.

"We're looking forward to hopefully clinching on Friday night YMLA leading into the post season," Dunson said.

On the pitch, the Western Hills boys played Benbrook to a 1-1 draw on Friday that the Cougars eventually won in a 4-2 shoot out.

Coach Matt Collins said it was about what he expected from a

"The Benbrook game is always fun," Collins said. "Both teams their field and getting a win felt great for our boys."

Collins said he had a couple of especially strong performances

"Anthony Juanes scored a wonderful goal," Collins said. "Lan-"We have learned to come together as a team and learn to also don Whittaker was great as a goalkeeper. Alberto Delgadillo was

> Western Hills plays Dunbar tomorrow night, and Collins said he expects a good game.

> "Dunbar is always a problem for us," Collins said. "They play hard and are led by a great coach. We will need to be sharp to keep

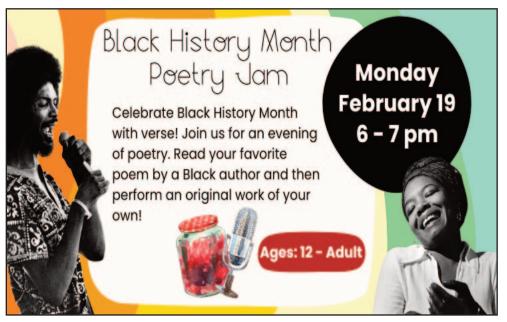
On the girl's side, Benbrook defeated Western Hills on Friday, On the boy's side, Benbrook defeated YMLA 43-31 last week, and coach Luz Castillo said her team was firing on all cylinders.

> "The team played great with many goals and assists by various players," Castillo said. "Western Hills came out and fought hard, but the game ended up in a shutout with the final score of 10-0."

> Sydney Chavez finished the game with three goals and two as-

Benbrook plays Diamond Hill-Jarvis tomorrow, and Castillo

"DHJ always fights hard and is one of the most challenging streak, but as long as we continue playing like we have and keep



Suburban Newspapers, Inc. From StatePoint **Spice Up Superbowl Sunday with Mouthwatering Recipes**

It's Superbowl time and there's only one thing to make game peppers, is a must-have ingredient. day a bigger win: delicious game day food!

Looking to add some kick to kick-off? Whether you're tailgating or hosting from home, Frank's RedHot Original Cayenne Pepper Hot Sauce, made with a premium blend of aged cayenne



Classic Buffalo Chicken Wings

If you're someone who agrees that no tailgate or watch party is complete without wings, you're in good company. According to Chef Jordan Carfagno of Frank's RedHot, chicken wings are the brand's most searched recipe during football season. Anyone looking to kick their wings up a notch can try this mouthwatering recipe for a classic take on wings, and it can be made in the oven at home, or in an air fryer if you're tailgating.

Ingredients:

- 1/3 cup butter, melted
- •1/2 cup Frank's RedHot Original Cayenne Pepper Hot Sauce
- 2 and 1/2 pounds chicken wing pieces
- Directions:

1. Preheat oven to 450 degrees F. Mix butter and RedHot Sauce in medium bowl; set aside.

2. Arrange wings on large foil-lined pan. Bake on lowest oven rack for 30 minutes or until crispy, turning once.

3. Toss wings in sauce mixture until well coated. Serve with blue cheese and celery, if desired.

Buffalo Chicken Dip

Chef Carfagno says dip recipes are gaining popularity this year, and this spicy creamy Buffalo chicken dip is the MVP of them all. Make it in the oven at home or plug in an instant pot or slow cooker for on-the-go prep.

Ingredients:

- 2 cups shredded cooked chicken
- 1 package (8 ounces) cream cheese, softened
- 1/2 cups Frank's RedHot Original Cayenne Pepper Hot Sauce
- 1/2 cup ranch dressing
- 1/2 cup blue cheese crumbles

Directions:

1. Preheat oven to 350 degrees F. Mix all ingredients in a large bowl. Spoon into a shallow 1-quart baking dish.

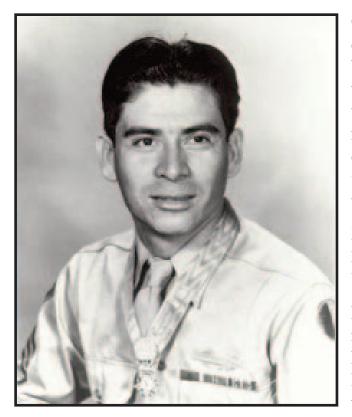
2. Bake 20 minutes or until mixture is heated through; stir. Sprinkle with green onions, if desired, and serve with chips, crackers and cut up veggies.

Check out franksredhot.com for more game-day recipes and inspiration.

This football season, bring your A-game to your tailgate spread by adding the perfect blend of flavor and heat to classic fan favorites.

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Suburban Newspapers, Inc. Texas History Minute by Dr. Ken Bridges Medal of Honor Recipient, Staff Sargeant Macario García



A young man escaping the poverty of a foreign land, dreaming of a better life, and becoming a hero for his adopted nation may seem too fantastic for a jaded age, but it is the true story of Medal of Honor recipient Macario Garcia, an immigrant and World War II veteran. Like many of his generation, he fought with courage on the battlefield and at home to defend the United States and its ideals to build a better nation.

He was born Jan. 2, 1920, in Villa de Castano, a tiny village in Mexico. Garcia was one of 10 children born to destitute farm workers. In 1923, to improve their fortunes, they came to the United States, like so many other immigrants from so many other lands. They settled in the Sugarland area, just outside Houston. As soon as he was old enough, Garcia joined his parents working in the fields. Like many other farm workers, he worked hard, but his education was sporadic.

In 1942, Garcia enlisted in the army. America had become his home, and his home had been attacked. He was determined to serve in its defense. An infantryman, he was wounded at the Allied invasion of Normandy on D-Day in 1944. Awarded the Purple Heart, he soon returned to duty. He later earned the Bronze Star as well.

In November 1944, as American troops were beginning to push into Nazi Germany, by machine gun fire, and Garcia was wounded. He carefully crawled to a position near the machine gun nest, hurled a grenade, and shot three enemy troops to take fire, and Garcia again crawled over to also take it out single-handedly. The men were saved, and the army's position was secured. For his actions, he was given the Medal of Honor.

him with the medal in a White House ceremony on Aug. 23, 1945. Shortly afterward, his native land of Mexico awarded him the Merito Militar, one of the highest awards in the Mexican Army, for his valor. Garcia was honorably discharged in 1946, leaving with the rank of staff sergeant.

For many veterans returning home, it is often difficult to fathom how much they have changed because of their experiences while so little has changed for those they left behind. Such was often the case for of Honor recipient was further honored. World War II veterans. Garcia himself would discover this much to the horrors of center was named in his honor. himself and the nation when he stepped into a restaurant in Richmond, just outside him in Sugarland, and Houston later named Houston, in September 1945 – not even one month after the war ended and his White after him. Honor led to a life well-lived. House appearance.

Garcia's face had been in newspapers all over the Houston area. His story was wellknown by this point. In spite of his service, in spite of his heroism, in spite of saving the lives of his fellow soldiers on multiple occasions – putting his own life at risk to save others -- the restaurant owners refused to serve him because his skin was not the right color. Insulted, Garcia began arguing with the owner. The owner then beat him with a baseball bat. To make matters worse, police arrested Garcia and charged him in the incident.

Garcia had shed blood defending his adopted country and the freedoms for which it stood. Now his blood was shed because of bigotry. Journalists across the nation condemned the treatment of the Medal of

Garcia and his men found themselves in a Honor recipient. Former Gov. James Allred desperate battle. They were pinned down stepped up and served as his attorney. Through his powerful defenders, Garcia was able to win delays for a trial. In 1947, prosecutors quietly dismissed the case.

Afterward, he was able to get his Amerout the gun. A second machine gun opened ican citizenship in 1947 and worked with civil rights groups to fight segregation and other unjust laws. He returned to school and earned his high school diploma in 1951.

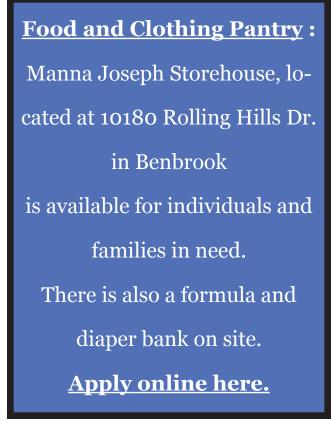
He eventually landed a job as a counselor with the Veterans Administration. President Harry S. Truman presented Here, he spent the rest of his career helping his fellow veterans. He remained active in his support of civil rights. He spoke to various veterans groups, schools, and civil rights groups as the years passed. On Nov. 21, 1963, he met President John F. Kennedy at a reception in Houston the day before his tragic death in Dallas.

> In December 1972, Garcia was critically injured in a car wreck. He died on Christmas Eve at the age of 52.

In the years after his passing, the Medal

In 1983, Houston's new army reserve

In 1994, a middle school was named for an elementary school and renamed a street



Suburban Newspapers, Inc. From the Tarrant County Criminal District Attorney's Office Spring 2024 Citizen Prosecutor Academy Now Taking Applications

is an 11-week program designed to give citizens an in-depth understanding of the criminal justice system in Tarrant County. We are now taking applications for our 2024 Spring Academy classes. The Spring Academy begins Thursday, March 7, and graduation will be Thursday, May 23. You can find applications here.

With our Assistant Criminal District Attorneys and Investigators as instructors, participants review each step of the District Attorney of Tarrant County is to enprosecutorial process to gain an insider's perspective on how the system works. Classes are held on Thursdays from 6 to 8 p.m. Graduation will be hosted upon completion of the Academy program.

The topics of the past academy classes have included: Adult Sexual Assault; The Civil Division; Conviction Integrity; Digital Forensic and Technical Services; Diversion

The Citizen Prosecutor Academy (CPA) Programs; Felony: An Overview; Gang Unit; Grand Jury; Intake; Intimate Partner Violence; Intoxication Manslaughter, DWI and No Refusal; Introduction to a Trial; Introduction to the Criminal Justice System/Criminal District Attorney's Office; The Juvenile System; Mental Health & Protective Orders; Misdemeanor Crimes; Special Victims Unit; Victim Advocates and White Collar/Public Integrity Crimes.

> The mission of the Office of Criminal hance public safety through rigorous enforcement of criminal and civil laws in an ethical, honest and just manner; to encourage rehabilitation for deserving offenders; to earn the public's trust by setting an example of transparency in our dealings; and to assist and educate victims of crime and other members of the public.



Other Crisis Services

Crisis personnel may recommed Crisis Respite Care, voluntary or involuntary inpatient hospitalization, substance abuse care, expedited outpatient services, or other care as appropriate.

From the Trinity Regional Water District **TRWD** Flyfest Returns to the Trinity River in Fort Worth Saturday, March 9

TRWD Flyfest, an annual celebration of urban trout fishing, will be held on March 9 from 9 a.m. to 5 p.m. at the River Park Trailhead 3100 Bryant Irvin Rd. Fort Worth, TX 76109. This family-friendly event, sponsored by the Tarrant Regional Water District (TRWD), will take place in and along the Clear Fork of the Trinity in southwest Fort Worth. Admission is free.

To create an optimal experience for anglers, TRWD will stock the river with 1,800 lbs. of rainbow trout prior to the event just north of Bryant Irvin Road.

Whether you are an experienced angler or have never touched a fly rod, this fun-filled event will have something to hook the whole family. Anglers will compete in the contest to catch the biggest trout or the most fish in the time allotted. Patrons can also learn new tricks and methods from professional fly tiers. Open fishing for fly and bait fishing will also be available in designated areas.

The event will also feature children's activities, including a mini stocked tank for fishing and a rock climbing wall. Food trucks, wine and craft beer and many outdoor vendors will make it a fun day for everyone!

Parking will be available for \$5 at the River Park Trailhead, 3100 Bryant Irvin Road, on the day of the event.

For other important information, event visit www.trwdflyfest.com.



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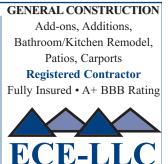
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Weekend Forecast



Friday, Feb. 9:

AM - Cloudy, with a high near 71. Southwest wind 5 to 15 mph, with gusts as high as 20 mph. **PM** - A 20% chance of showers after midnight. Cloudy, with a low around 52. Southwest wind around 5 mph.



Saturday, Feb. 10:

AM - A 50% chance of showers. Mostly cloudy, with a high near 66. South wind 5 to 10 mph becoming east in the morning.

PM - A 40% chance of showers, mainly after midnight. Mostly cloudy, with a low around 48. East wind around 10 mph.



Sunday, Feb. 11:

AM - Showers likely, mainly before noon. Mostly cloudy, with a high near 56. North wind 10 to 15 mph, with gusts as high as 25 mph. Chance of precipitation is 70%.

PM - A 30 percent chance of showers, mainly before midnight. Mostly cloudy, with a low around 36.

Extended Forecast Click Here