

*From the Sports Desk with John English*

## Player Feature: Western Hills Cougar - Keyon Butler

When the Western Hills football team really needed him last season, **Keyon Butler** stepped up to the challenge.

The Cougars dual-threat quarterback passed for 1213 yards with 11 touchdowns and 814 yards rushing and 12 touchdowns en route to a 5-2 mark and third place finish in district competition.

Coach Blake Moilan said Butler has played a major role in the Cougars' offense and said he expects more of the same in 2022.

"Keyon is a leader on our team," Moilan said. "He works hard and expects everyone to put in the work get better. Keyon is an athletic quarterback that brings a true dual threat to the field."

Butler was an all-district selection in 2021 as well, but the Western Hills senior was rather modest when asked about his thoughts on last season.

"I'm always grateful just to play the sport I love," Butler said. "But I'm never satisfied, no matter how far we've come or how short we came."

Butler said Western Hills keeps working the way it has this off-season, he believes the results will speak for themselves in 2022.

"My personal objective is going to be the same as it has since I've been playing catch in the back yard, just have fun," Butler said. "As for the team, getting out of that 'first round funk' is the goal we're all set on and we know we can do it."

Western Hills has reached the post-season in each of the last two seasons, but lost in the bi-district round.

To repeat on the success the Cougars (continued on page 2)



*From Fort Worth ISD*

## FWISD To Provide Elementary School Supplies for the 2022-23 School Year

Fort Worth ISD elementary parents looking for their student's school supply list this year can sit back and relax!

For the second year, the Fort Worth ISD Board of Education - with stakeholder input - recently approved purchasing school supplies for all enrolled elementary students. The funds for school supplies will come from the federal Elementary and Secondary School Emergency Relief (ESSER) funds being provided to FWISD, not to exceed \$2.6 million.

Supplies will be purchased before the first day of school, Monday, Aug. 15.

District officials say the purchase reduces the financial impact on families with children returning to school and promotes increased student enrollment and participation.

There is no single school supply list at the secondary level because all students have a unique schedule with varying courses.

In addition, all FWISD teachers will receive a \$250 stipend in their Sept. 28 paychecks to purchase classroom supplies.

*From the City of Benbrook*

## City Council Meeting Tonight

The Benbrook City Council meets the first and third Thursday of each month at 7:30 p.m. (with a pre-meeting work session at 7 p.m.) in the City Hall Council Chambers, located at 911 Winscott Road in Benbrook, 76126.

The July 21 agenda is available to view [here](#).

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# Player Feature

(continued from page 1)

enjoyed last season, Butler said it will take hard work and effort.

“We don’t want a repeat of last year,” Butler said. “We’re always looking to get better in all aspects of our school. It’s part of our culture.”

Moilan said Butler's confidence is one of his best attributes and said that he has had his senior quarterback working on a few different things this summer.

“This off season, we focused on becoming a better a quarterback with reads, footwork, ball release and other quarterback skills,” Moilan said. “We know he can play, now we are looking to get to the next phase. We expect him to have an even better season than last year.”

## Butler's Favorites

- Favorite Athlete: my older brother
- Favorite Sports Team: Arizona Cardinals
- Favorite Food: chicken alfredo
- Favorite Movie: *King King* (2005)
- Favorite TV Show: *Bob’s Burgers*
- Favorite Subject: English
- Book currently Reading or last book read:  
“1984”
- Favorite Musical Group or performer:  
Baby3hree

From Cougar Pride Alliance

# School Supply Drive for Luella Merrett & Waverly Park Elementary Schools

In collaboration with The Mercantile pyramid (including feeder middle and elementary schools). Cougar Pride Alliance accepting school supply donations for operates a food pantry and clothing closet Luella Merrett and Waverly Park in a portable on the WHHS campus. Elementary Schools.

These supplies will be placed inside back- some of the following: composition notebooks purchased by the Western Hills High books, 12x18 colored construction paper, School Lady Cougars Flag Football Team as 12x18 manilla construction paper, 24 count part of a community service grant given to crayons, plastic 2-pocket folders with and them by the Dallas Cowboys. Donations are without brads, glue sticks, glue bottles, supply being accepted through Aug. 6. boxes, #2 pencils, blunt scissors, wide

Cougar Pride Alliance (formally rule spiral notebooks, large pink erasers, 1- WHHS Cougar Pride Foundation) is a non- inch binders, broad and thin tip washable profit organization started by alumni of markers, black/blue ballpoint pens, colored Western Hills High School. The mission of pencils, 5-divider tabs, wide rule paper, CPA is to improve the quality of life for baby wipes, disinfectant wipes, kleenex, students in the Western Hills High School hand sanitizer and gallon ziplock bags.



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# Benbrook City Council Candidate Filing Period Deadline Aug. 22

The City of Benbrook General Election is scheduled for Tuesday, Nov. 8, to elect members of the Council for Place 2, Place 4 and Place 6.

Candidate packets, information and calendars for the Nov. 8 election are available from the City Secretary's Office and by download at [this website](#). Applications for a place on the ballot will be accepted through Aug. 22 at 5 p.m.

To file for candidacy, you must meet the following qualifications:

- shall be a citizen of the United States;
- shall be 18 years of age or older on the first day of the term to be filled at the election;
- shall not have been determined mentally incompetent by a final judgment of a court;
- shall not have been finally convicted of a felony from which you have not been pardoned or had your civil rights restored by other official action;
- have resided continuously in the State for of Texas for 12 months and in the City for 12 months immediately preceding the date of the election;
- be a registered voter of the City of Benbrook, Texas.



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# Tips for Managing Extreme Heat as Triple-Digit Temperatures Continue in North Texas

Triple-digit temperatures are forecast for North Texas. To help keep everyone safe during this latest heatwave, the American Red Cross is urging people to use caution and follow our heat safety tips. Extreme heat is the most dangerous type of severe-weather event in the country. Annually, thousands of people suffer from heat related injuries including heat cramps, heat exhaustion or heat strokes. Individuals should stay hydrated, adhere to weather and heat advisories, seek out cooling centers if necessary and make a plan to address heat-related emergencies.

“Given the ongoing extreme heat experienced in Texas, heat stress can occur quickly. While outdoors, people should drink plenty of water and take breaks in shaded or air-conditioned areas,” said Ariane Einecker, interim CEO, American Red Cross North Texas Region. “Heat waves may also cause power outages. If affected, residents should have a plan to go somewhere else with an air conditioner to avoid the elements until power is restored.”

The Red Cross is working with partners in North Texas to support cooling centers. Red Cross volunteers are already staffing some centers—providing water, ice and snacks—and are standing by to assist as more open.

## Heat Safety Tips

- Hot cars can be deadly. Never leave children or pets in your vehicle. The inside temperature of the car can quickly reach 120 degrees.
- Stay hydrated by drinking plenty of fluids. Avoid drinks with caffeine or alcohol.
- Check on family, friends and neighbors who do not have air conditioning, who spend much of their time alone or who are more likely to be affected by the heat.
- If you don’t have air conditioning, seek relief from the heat during the warmest part of the day in places like schools, libraries, theaters, malls, etc.
- Avoid extreme temperature changes.
- Wear loose-fitting, lightweight, light-colored clothing. Avoid dark colors because they absorb the sun’s rays.
- Slow down, stay indoors and avoid strenuous exercise during the hottest part of the day.
- Postpone outdoor games and activities.
- Use a buddy system when working in excessive heat. Take frequent breaks if working outdoors.
- Check on animals frequently to ensure that they are not suffering from the heat. Make sure they have plenty of cool water and shade.

## Symptoms of Heat Related Emergencies

Heat-related symptoms can include:

- Cool, moist, pale or flushed skin
- Heavy sweating
- Headache
- Nausea or vomiting
- Dizziness or loss of consciousness
- Weakness

## What to Do

If you see someone suffering from heat stress, follow these

steps:

- If losing consciousness or vomiting, immediately call 9-1-1
- Relocate to an air conditioned or shaded area
- Slowly drink cool water
- Apply ice or cold towels to head, neck, groin, wrists, ankles and underarms

## Download Red Cross Apps

The Red Cross app “Emergency” can help keep you and your loved ones safe by putting vital information in your hand. Download from any app store or at [redcross.org/apps](https://redcross.org/apps) for more than 35 different severe weather and emergency alerts. You can also learn First Aid and CPR/AED skills ([redcross.org/takeaclass](https://redcross.org/takeaclass)) to help keep your loved ones safe in an emergency.

## About the American Red Cross:

*The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit [redcross.org/northtexas](https://redcross.org/northtexas) or [cruzrojaamericana.org](https://cruzrojaamericana.org) or visit us on Twitter at @RedCrossNTX.*



# American Geneticist, H. Bentley Glass *by Dr. Ken Bridges*

At one time H. Bentley Glass was one of the most famous scientists in the nation. His life was a journey that began with missionary parents and a Texas education. Glass traveled the world, wrote volumes of books, made important scientific discoveries, and in the 1950s and 1960s, helped the entire nation start thinking about science and the ethics of the latest discoveries.



His parents, both devout Baptists, were from Texas and went to China to serve as missionaries. Glass was born in Yeshien, in eastern China, in 1906. Because of his parents' work serving the spiritual and physical needs of the people of China, he spent most of his childhood there.

When it was time to start college, Glass moved to Texas. He enrolled at Decatur Baptist College in Decatur before transferring to Baylor University in Waco. After earning a bachelors degree in biology, he taught school briefly in the small town of Timpson in East Texas. He returned to Baylor to complete a masters degree in biology before enrolling at the University of Texas where he earned his doctorate in genetics in 1932.

He went to Berlin for a few years to conduct research at the Kaiser Wilhelm Institute, where he was disturbed by the purge of Jews from academic and research positions as Nazi rule took root. He left Germany quickly and worked briefly as a researcher in Missouri before beginning teaching at Stephens College in central Missouri. Before long, he accepted a position at Goucher College in Baltimore, Maryland.

In 1948, Glass became a professor of genetics at the prestigious Johns Hopkins University in Baltimore. He became an active member of the community and served on the Baltimore Board of School Commissioners from 1954 to 1958, guiding the local schools through the early years of desegregation. Glass also steadily built a reputation among academics and the general public alike for his work. Throughout his career, he wrote upwards of 500 academic articles. Glass published *Genes* and *The Man* in 1943 to explain genetics to a wider audience. He served as editor of the *Quarterly Review of Biology* for 42 years from 1944 until 1986. He also served as editor of the respected journal *Science* in 1953. In addition, he wrote a column on science issues for the *Baltimore Evening Sun*.

His scientific work included developing theories on genetic drift, or how often changes in traits appear within a given population. He also served on the Atomic Energy Commission as an advisor in the 1950s on issues surrounding the impact of radiation on living organisms. It was Glass who implanted the idea in the

American imagination that roaches, with their abilities to withstand radiation, may be the only survivors of a nuclear holocaust.

He was outspoken on a variety of scientific issues. He called for nuclear disarmament in the 1960s. He condemned eugenics laws that sterilized groups for perceived genetic weaknesses. He served a president of more than half a dozen scientific groups throughout his career. As he had throughout much of his career, he continued to write and speak about ethical issues in science and research, publishing *Science and Ethical Values* in 1965 and *The Ethical Basis of Science* in 1969.

Glass took controversial stands. He served as president of the Maryland chapter of the American Civil Liberties Union from 1955 to 1965. Some of his predictions, such as his belief that people may one day have to undergo genetic testing before they had children, caused much controversy as well as his prediction of the advent of test-tube babies.

In 1965, Glass left Johns Hopkins to take the role of academic vice-president and biology professor at the State University of New York at Stony Brook. He continued to work to educate not only the next generation of scientists but the public at large. In 1967, he stated in an interview, "If we are going to build a civilization based on science, then the man in the street is going to have to learn what science is."

He stepped down from his administrative role in 1971 and retired from teaching in 1976 at the age of 70, but he continued to work. His mind and drive remained strong. For the next 19 years, he worked as an archivist at the American Philosophical Library in Philadelphia, commuting more than 100 miles each way from his home outside New York City to Pennsylvania.

At the age of 89, he retired for good. He lived a quiet life in retirement in Boulder, Colorado. He died one day before his 99th birthday in 2005. He left a large legacy in the popular mind about science, having worked for his lifelong goals he described as "educating laymen in the questing spirit of science and reminding science of its social responsibility."

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*From City of Benbrook*

## ***Vendors Wanted for 14th Annual Benbrook Heritage Fest***

The City of Benbrook will host Heritage Fest on Saturday, Oct. 1 from 10 a.m. to 7 p.m. at Dutch Branch Park.

Vendors will be provided the opportunity to display and sell their products.

If you are interested in participating, contact Sydney Turner at [sturner@benbrook-tx.gov](mailto:sturner@benbrook-tx.gov) before Sept. 2 to book your place - space is limited.



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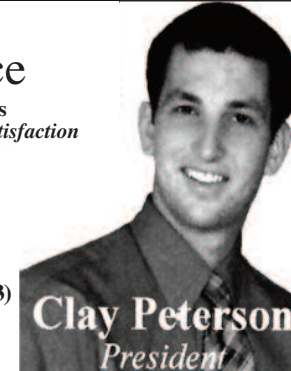
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## Three Day Weekend Forecast



### Friday, July 22:

AM - Mostly sunny and hot; high near 102. S wind 5-10mph.  
PM - Mostly clear; low around 82. S/SE wind 5-10mph.



### Saturday, July 23:

AM - Sunny and hot; high near 103. S wind 10-15mph.  
PM - Clear; low around 81.



### Sunday, July 24:

AM - Sunny and hot; high near 104.  
PM - Clear; low around 80.

[Extended Forecast Click Here](#)