

84th Year, No. 44 • 7820 Wyatt Drive, White Settlement, Texas 76108 • www.suburban-newspapers.com • October 31, 2024

From the Sports Desk with John English Bobcats Hold On to Victory Streak



The Benbrook football team improved to 8-0 on the season with a 44-26 victory over Hillsboro.

Coach Cody Slater said it was a great win for his team.

"We are super excited about how our kids performed against Hillsboro," Slater said. "We got off to a quick start, then we had a few injuries and had to shuffle people in and out, but in the end our kids found a way to pull out another district win. With the win it sets up the district title on Friday versus Glen Rose."

Kade Cross had three receptions for 122 yards and two touchdowns and threw for a touchdown pass, while Brady Gordon had 100 yards rushing and a touchdown.

Slater said the game with Glen Rose will be a huge challenge for his team.

"Glen Rose is a good football team," Slater said. "They are undefeated in district play. Coach Watkins and his staff do a great job and we will need to have a good week of preparation in order to play our best on Friday night."

(continued on page 3)

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From Tarrant County Benbrook's Haz,ard Mitigation Action Plan

The City of Benbrook is working on its Hazard Mitigation Action Plan with Tarrant County. The plan outlines the local government's evaluation of natural hazards and their strategies to reduce the risks they pose to the community. It aims to reduce or eliminate long-term risks to citizens and property from natural hazards.

The City is looking for community feedback so it can address local needs and concerns. Information gathered from surveys will be used to represent the community's concerns. The City encourages you to **fill out a survey today**!

For more information, contact Jason Tate at 817-249-1727.

From Suburban Newspapers Staff Writers Next Benbrook City Council Meeting Nov. 7

The Benbrook City Council meets the first and third Thursday of each month at 7:30 p.m. (with a pre-meeting work session at 7 p.m.) in the City Hall Council Chambers, located at 911 Winscott Road in Benbrook, 76126.

The Nov. 7 agenda will be available to view here.

From Tarrant County 2024 Election: Early Voting Ends Nov. 1

Early voting for the 2024 Election ends Friday, Nov. 1 at 7 p.m. **Election Day Location Information**

Tarrant County registered voters can vote at any Vote Center location from 7 a.m. to 7 p.m. on Tuesday, Nov. 5. Vote Center locations are chosen by the entity holding the election (city, ISD, or county) and therefore are not always the same. Other circumstances such as building or road construction, and scheduling conflicts on privately owned locations can also affect whether or not a location is used.

Use this link to find an Election Day Vote Center Location.

Suburban Newspapers, Inc. From 4PAWS & Benbrook Animal Shelter From TxDOT Juno is Available to Safety Tips for Roadside Emergencies If you ever find yourself stranded due to forcement instead of walking for help un-Adopt



Juno (2836) is a five-year-old Husky mix. She is a sweet and gentle 62-pound, spayed female current on all shots. She is a nice girl who likes to cuddle. She'd be a great companion to bing watch your favorite shows.

She is available for adoption at the Benbrook Animal Shelter, located at 469 Winscott Road.

Adoption hours are Tuesday, Wednesday and Friday from 10 a.m. to 3 p.m., 10 a.m. to 2 p.m. on Saturday, and 11 a.m. to 3 p.m. on Sunday.

Please visit www.4pawsinc.org or call 4 PAWS volunteers, Ursula at 817-262-3086 or Lynda at 682-279-0760, to get more information about her or any dogs available for adoption.

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a breakdown or flat tire, these tips are es- less absolutely necessary. sential safety practices to follow.

Before a Breakdown Happens

Be prepared with these essential supplies for passing traffic to ensure it's safe. in your vehicle:

• Flashlight (rechargeable or shaketo-charge)

• Bright vest or reflective gear

- Blanket and extra clothes
- Water and non-perishable snacks

• Closed-toed shoes (like an old pair of tennis shoes)

• A charging block for your phone

If Your Vehicle Breaks Down

Get off the road. Move your car as far law. onto the shoulder as safely possible. Avoid stopping in curves or right after the crest of a hill, which can reduce other drivers' ability to see you.

in your car and keep your hazard lights on. Keep your seatbelt on. In the event of an accident having a buckled seatbelt can save you life. Leaving your vehicle increases the risk of being hit by passing vehicles. Call for roadside assistance, family, or law en-

Check for traffic. If you need to exit your vehicle, check mirrors and windows

Use public resources. Don't hesitate to contact the local Police Department or roadside assistance. Help is available to keep you safe.

Be visible. If you must step outside, wear brightly colored or reflective clothing to increase visibility, especially at night.

Know the law. Pedestrians should avoid highways whenever possible for safety. For more details, refer to the Texas pedestrian

Texas Roadside Assistance Program

The Texas Roadside Assistance Program offers non-emergency help for stranded motorists. The number (800-525-555) is Stay in your vehicle. If possible, remain printed on the back of all Texas driver licenses and ID cards. You can call this number for assistance with:

- Stranded vehicles or car trouble
- Hazardous road conditions
- Debris blocking the roadway



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From Texas National Cemetery Foundation **Dallas-Fort Worth National Cemetery to hold Veterans Day Celebration**

The Dallas-Fort Worth National Cemetery, located at 2000 Mountain Creek Parkway, Dallas, TX 75211, will host a ceremony on Veterans Day, Saturday, Nov. 11 to honor and celebrate our nation's heroes.

Officer, NAS Joint Reserve Base, Fort Worth.

In partnership with the Texas National Cemetery Foundation, the ceremony will feature the Midlothian High School Choir, the Naval Air Station Fort Worth Joint Reserve Base's Color Guard, a flyover by the Marine Aircraft Group, and a rifle salute by Marine Aircraft Group 41.

"We encourage everyone to join us on Nov. 11 to honor and give thanks to our nation's heroes," said David Van Meter, Dallas-Fort Worth National Cemetery Director. "Veterans Day is a special day we can pause and give thanks, and here at Dallas-Fort Worth National Cemetery, we have the great privilege to honor them each and every day."

In 1921, an unknown World War I American soldier was buried in Arlington National Cemetery. This site, on a hillside overlooking focal point of reverence for America's Veterans.

Similar ceremonies occurred earlier in England and France, place of honor. These memorial gestures all took place on Nov. 11, giving universal recognition to the celebrated ending of World War I fighting at 11 a.m., Nov. 11, 1918 (the 11th hour of the 11th day of the 11th month). The day became known as "Armistice Day."

The first celebration using the term, "Veterans Day," occurred Weeks, a World War II Veteran, organized "National Veterans Day," which included a parade and other festivities, to honor all Veterans. Later, U.S. Representative Edward Rees of Kansas proposed a bill that would change Armistice Day to Veterans Day. In ton Field and Moilan said his team will have their hands full. 1954, Congress passed the bill that President Eisenhower signed proclaiming Nov. 11 as Veterans Day.

Burial in a VA national cemetery is open to all members of the armed forces and Veterans who have met minimum active-duty service requirements, as applicable by law and were discharged under conditions other than dishonorable. Members of the reserve components of the armed forces who die while on active duty under certain circumstances or who die while on training duty are also eligible for burial, as are service members and former service members who were eligible for retired pay at the time of their death. Spouses, minor children and, under certain conditions, dependent unmarried adult children are also eligible for burial even if they predecease the Veteran.

Sports Desk (continued from page 1)

On the court, Benbrook defeated Carter-Riverside by a score of 3-0 (25-8, 25-22, 25-19) on Friday and coach Frances Davies said the game allowed her to do some evaluating.

"I feel like the game against C.R. really gave us an opportunity to have fun with some new things," Davies said. "We got to run some different attacks and work on perfecting some small details that need to be cleaned before Tuesday. Overall, I'm pleased."

Davies said there were a lot of contributions in the game.

"This was one of those game where I was able to get all my kids The keynote speaker is Captain Beau Hufstetler, Commanding on the court and see what all they have," Davies said. "Abyela Patterson and Ennie Troq really came in and stepped up for us and took advantage of the court time. Aby had a couple kills and a few blocks, while Ennie came out with a handful of digs and a couple aces."

> With the post-season approaching, Davies said she would like for her team to focus on a couple of areas.

> "In order for us to make a strong run in playoffs, we're going to have to focus more on the mental aspect of our game as opposed to the skill," Davies said. "We know we have the skill, but we have to really work on staying calm and focused and not letting outside factors play a part in what we're doing. I know that if we can just trust the process and go one point at a time, we'll be good!"

Over at Western Hills, the Cougars lost to Springtown last week the Potomac River and the city of Washington, D.C., became the and coach Blake Moilan said while the loss was disappointing, he was happy with his players' effort.

"Springtown is a very good team," Moilan said. "They are wellwhere an unknown soldier was buried in each nation's highest disciplined and play hard. We felt like our kids played with a lot of effort and that was never questioned, which as coaches we appreciate from our kids."

> Moilan said some of his younger players really stepped up in the game.

"Our young O-line and D-line both had really good games," in Birmingham, Alabama, in 1947 on Armistice Day. Raymond Moilan said. "We have several sophomores playing in the trenches, and we are excited about the growth we have seen in them the past few weeks."

The Cougars play Southwest at 11 a.m. on Saturday at Farring-

"This will be a tough game," Moilan said. "We have known since the schedule came out that this was going to be a big game for our season."

From Suburban Newspapers Staff Writers **FWISD to Host Choices Expo**

FWISD will host their annual Choices Expo on Saturday, Nov. 9 from 9 a.m. to 1 p.m. at Wilkerson-Greines Activity Center, located at 5201 Ca Roberson Blvd, Fort Worth, TX 76119.

For more information or to see the catalog, visit www.fwisd.org/choicesexpo.

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Suburban Newspapers, Inc. From the Project Linus Blanketeers First Monday Quilt Club -Project Linus Volunteers Needed

Come join the fun and fellowship with the Quilt Club volunteers while you make a difference by making quilts for Project Linus.

The First Monday Quilt Club meets on the first Monday of each month at Bethany Christian Church, located at 1500 Meadow Park Drive in White Settlement from 10 a.m. to 1 p.m. Instead of a potluck lunch, ladies are asked to bring brunch or snack items. Their next meeting is on Monday, Nov. 4.

Project Linus is a non-profit service organization, and the members of this group are Tarrant County Chapter Project Linus volunteers who create handmade quilts and blankets that provide love, warmth, and comfort for local children who have suffered trauma, tragedy, or illness.

Volunteers also make coverlets for veterans, nursing home residents, and the homeless. Unfortunately, the need for these blankets increases each month. They desperately need volunteers with portable sewing machines to help assemble the quilts.

No experience is needed - there is a place for you. Anyone can help if you can follow instructions, sew, tie a knot, crochet a blanket, or tell a good joke. Volunteers have lots of fun and develop fantastic friendships.

High school students can receive community service credits for participating. Materials (fabric, batting, thread, and yarn) are provided. Donations of fabric, yarn, thread, sewing machines, sergers, or money to purchase materials are greatly appreciated.

For more information about the mission of Project Linus, visit www.projectlinus.org. For more information about the First Monday Quilt Club, call Virginia Biela at 817-244-1263.

From the Texas Parks and Wildlife Department Free Admission to Texas State Parks Nov. 3

Visitors will get free day-use entry at all Texas State Parks in honor of Texas State Parks Day on Nov. 3, a tradition born from 2023's centennial celebration.

Texas has more than 80 parks throughout the state to offer a wide variety of outdoor day-use activities. Visit the TPWD website for a **list of activities and events in a park near you**.

Ahead of Veterans Day on Nov. 11, Texas State Parks reminds visitors of new Parkland Passports available to veterans. These passports are available at no cost and grant the cardholder free entry to all Texas State Parks.

For more information about the passport visit the **Texas Parklands Passport page** on the Texas Parks and Wildlife Department website.





Nancy Ellen Lampman Houchin

Nancy Ellen Lampman Houchin passed away Monday, Oct. 28, 2024, in Plano, Texas, at the age of 82.

A gathering to honor Nancy's life will be held in Greenwood's Live Oak Chapel, located at 3100 White Settlement Road, Fort Worth, TX 76107, at 9:30 a.m. on Friday, Nov. 1, 2024.

Nancy was born in the summer of 1942, in Amarillo, Texas, the youngest of three children. When her father, Guy Lampman, died unexpectedly when Nancy was only 5, Nancy's mother, Ruby Ruth Taylor Lampman, raised her and her siblings as a single working parent.

In 1961, Nancy married Daniel Houchin. They shared a long marriage until Dan's passing in 2007. Together, they raised two daughters and navigated the ups and downs of family life, often offering support and shelter to family members as well as adolescents going through challenges at home.

Nancy spent 20 years working at the Ben Hogan factory, where she was a proud union member. At one point she earned a promotion into a role previously held only by men. In a display of determination, she hid an injury to prove she could handle the job's demands. Later, after the factory closed, she became a teacher's aide, working with students with significant intellectual and physical disabilities. She remained in that role until her retirement in 2004.

In addition to her work, Nancy was active in her daughters' lives, supporting dance and music activities, and serving as a team mom and scorekeeper for softball teams.

After retirement, Nancy remained close to family members and lived in Fort Worth, Northbrook Illinois, and Plano. While in Fort Worth, she was an active member of Wesley United Methodist Church, including the choir.

Nancy was preceded in death by her parents, Ruby Ruth Taylor Lampman and Guy Lampman; her husband, Daniel Houchin; and her siblings, Laurel Lampman and Jack Lampman.

She is survived by: her daughters, Leslie Hillberry and Dani Houchin; her devoted son-in-law, Todd Hillberry; her grandchildren, Tami Hillberry, Andrew Hillberry, Taylor Petrie, and Rob Petrie; and her great-grandson, Dashiell Hillberry.

In lieu of flowers, donations in her memory may be made to an animal rescue organization, or any charitable cause of your choice.

Suburban Newspapers, Inc. From US Fish and Wildlife Service What to Do with Your Carved Jack-o-Lantern?



It's that time of year again - when people consider what to do about proper pumpkin care and wildlife health.

Things to consider this spooky season regarding your delicious orange porch snack, aka, your decorative pumpkin:

• Critters will likely eat (or at least nibble on) your carved gourds. Squirrels, raccoons, deer, foxes, mice and insects might feast on the tasty treat you left out near your front door. "How nice of you!" they might think as they eat their weight in slimy pumpkin goodness.

• Painted pumpkins can make for an easier way to create a fun or creepy pumpkin. However, a painted pumpkin can potentially be toxic to wildlife if they eat it. If you choose to paint your pumpkin, consider keeping it indoors and away from any critters who

might feast on its painted flesh. You can also explore nontoxic paint options made with natural ingredients when possible.

In recent years, social media users have posted various "tricks" to keep a carved pumpkin from rotting so quickly. Keep in mind that letting nature take its course is always an option! Carved pumpkins are eventually going to decompose one way or another.

Always follow the directions of any product you're applying to a pumpkin for your safety and others, including wildlife. **Sustainable disposal: recycling, composting, and more**

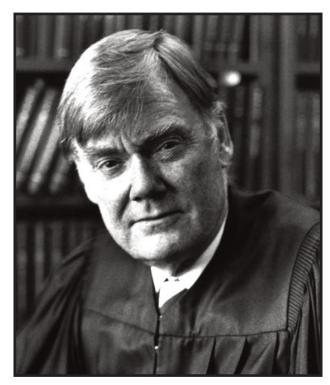
Consider recycling or composting pumpkins and gourds once the festivities are over! If you cannot compost at home (or it's not your thing), many communities, cities, and municipalities provide free composting services or recycling programs these days. Do some research in your local community to explore whether government agencies, nonprofits, businesses, or other organizations might collect or allow you to drop off your pumpkin for composting or recycling during the fall and winter months.

You can also explore other creative ways to use your pumpkin or jack-o'-lantern sustainably depending on your locality, climate, and geography. For instance, some zoos or animal rescue centers might accept pumpkins if they are free of toxic chemicals. Pumpkin seeds might also be eaten by people or wildlife.

Explore additional **eco-tips** for helping wildlife and healthy habitats year-round. For instance, leaving leaves on the ground each fall can provide important habitat for a diversity of native wildlife that need it including butterflies, moths, salamanders, toads, turtles, and many other species.



Suburban Newspapers, Inc. Texas History Minute, by Dr. Ken Bridges United States District Judge - Barefoot Sanders



Barefoot Sanders was familiar figure in the Dallas legal community for years. As a judge, he became a powerful voice for justice. And not only did he make history, he was a witness to many important events in the twentieth century.

Harold Barefoot Sanders, Jr., was born in Dallas in 1925. Barefoot was his grandmother's maiden name, Dennie Barefoot. Though he disliked the name as a youngster, he embraced it as an adult. He attended local schools, graduating from North Dallas High School in 1942. He enlisted in the navy the next year, serving on a battleship in the Pacific for the remainder of World War II.

When he returned in 1946, he enrolled at the University of Texas. He was a popular figure on campus and worked hard at his studies, graduating in 1949. He quickly enrolled at the UT Law School and earned a law degree by the next year. He found a position at a Dallas law firm and looked to a future in politics.

In 1952, he was elected to the Texas House of Representatives, his first of three terms. He sponsored a number of reforms to investment

Benbrook American Legion Post 297 First Friday Fish & Grilled Chicken Burgers & More Following Fridays 6-8pm Made-to-Order Breakfast on Saturdays 8-11am Donations Accepted OPEN TO THE PUBLIC! 8201 Old Benbrook Rd. 76126

law, the judicial process, and to the state's mental health care system. In 1958, he ran for Congress for the Dallas County district held by Republican Bruce Alger but lost decisively.

In spite of the defeat, John F. Kennedy hired Sanders to manage his presidential campaign in Dallas County in 1960. Afterward, Kennedy appointed Sanders as US Attorney for the District of North Texas. In that fateful November in 1963, he warned Kennedy not to come to Dallas for his goodwill tour of the state, fearful of the toxic political atmosphere of the time. Sanders rode in one of the cars in the motorcade that included Vice-President Lyndon Johnson and Gov. John Connally. After the president's murder in the streets of Dallas, he located and brought federal judge Sarah T. Hughes to Love Field to swear in Johnson as president.

Sanders became the Assistant Attorney General in 1965 and helped convince Congress to pass the landmark Voting Rights Act, which allowed millions more American citizens be able to vote. He also served as legislative counsel, helping the president with legal aspects of legislation and helping pass his agenda. Johnson nominated Sanders for a position as federal judge in 1968. However, legislative delays prevented the Senate from acting upon the nomination before Johnson's term in office expired. The incoming president, Richard Nixon, refused to nominate Sanders.

Sanders returned to private law practice, and in 1972, he announced his candidacy for the US Senate. He faced former US Sen. Ralph Yarborough in the primary, who was ousted in the 1970 primary by Lloyd Bentsen. Sanders won the Democratic nomination but lost to



Tower that fall by a sizable margin that fall.

In 1979, President Jimmy Carter nominated Sanders to be a federal judge for the Federal District Court for the Northern District of Texas. Sanders was confirmed easily. As a federal judge, he oversaw many cases, but the most prominent was the desegregation of Dallas schools.

Dallas, like many cities across the country, faced racial divisions for decades. Many Dallas leaders tried to downplay the severity of those problems or denied they even existed. The Dallas school board had slowly moved to desegregate the schools in the late 1960s, a handful of students at a time. Even this enraged segregationists who refused to accept any desegregation of schools and civil rights activists who believed the rights of all Dallas school children were at stake.

After years of court fights, the case landed in Sanders's court. By 1981, he ordered a new desegregation plan for Dallas, which he would oversee the implementation for the next twenty years. The legal system works on past precedents. For Sanders, the law was not about protecting the status quo or even a privileged few. The law and the rights promised to all Americans in the Constitution had to apply to everyone for it to mean anything. Though the changes were sometimes difficult, Dallas slowly moved toward desegregation of its schools.

Sanders stepped down from an active role on the court in 1996. Once he took senior status, as it is called, he took only the occasional case.

As his health declined in his later years, he retired completely from the court in 2006. He died in 2008 at the age of 83.



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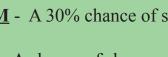




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Weekend Forecast





Friday, Nov. 1:

AM - A 30% chance of showers, mainly after 1 pm. Partly sunny, with a high near 78. N/NE wind around 5 mph becoming E/SE in the afternoon.

PM - A chance of showers and thunderstorms between 10 pm and 1 am, then showers likely and possibly a thunderstorm after 1am. Mostly cloudy, with a low around 67. Chance of precipitation 60%.



Saturday, Nov. 2:

AM - Showers and possibly a thunderstorm. High near 78. SE wind 10 to 15 mph, with gusts as high as 25 mph. Chance of precipitation is 80%.

PM - Showers and possibly a thunderstorm. Low around 66. S/SE wind 10 to 15 mph, with gusts as high as 20 mph. Chance of precipitation is 80%.

Sunday, Nov. 3:

AM - Showers likely and possibly a thunderstorm. Mostly cloudy, with a high near 80. S wind around 15 mph, gusts as high as 30 mph. Chance of precipitation 60%.

PM - Showers likely and possibly a thunderstorm before 1am. Mostly cloudy, with a low around 67. S/SE wind around 15 mph, with gusts as high as 25 mph. Chance of precipitation 60%.

Extended Forecast Click Here