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From Suburban Newspapers Staff Writers

Early Voting for May 4 Board of Education Election Begins April 22

The Castleberry ISD Board of Education Election will be held on Saturday, May 4. Click here to view the early voting locations. Early voting days and times are as follows:

- Saturday, April 27 from 7 a.m. to 7 p.m.

• Sunday, April 28 from 10 a.m. to 4 p.m.

• Monday, April 29 and Tuesday, April 30 from 7 a.m. to 7 p.m. The local early voting location in the 76114 zip code includes • Monday, April 22 through Friday, April 26 from 8 a.m. to 5 p.m. the River Oaks Annex located at 4900 River Oaks Boulevard, River Oaks, TX, 76114.

From the Friends of the River Oaks Animal Shelter

River Oaks Animal Shelter in Need of Supplies

The animal shelter is in need of blankets, sheets, bleach, Odoban, and Dawn dish soap.

Donations can be dropped off at the River Oaks Police Dispatch located at 4900 River Oaks Blvd., River Oaks, TX, 76114.

CANDIDATES IRMA MARSH MIDDLE SCHOOL • COME MEET THE CANDIDATES

From Carter BloodCare

Donate Blood to Help Moms

To observe Mother's Day coming up on May 12, Carter Blood-Care invites residents to donate blood this month to help local moms.

Blood donors help mothers going through difficult childbirths or those with medical complications after delivery.

Transfusions are needed in one out of every 83 childbirths, according to the America's Blood Centers (ABC) organization.

The U.S. rate of transfusions in childbirth rose by 54% between 2006 and 2015, the ABC group discovered.

Residents 17 years – or 16 with parental consent – and older can donate with Carter BloodCare. There is no upper age limit.

As a thank-you gift in May, Carter BloodCare is giving away a six-pack of reusable hot-cold cups to each donor. Lids are included with the colorful 16-ounce beverage cups. This donor appreciation gift is available while supplies last.

Because the need is so great, Carter BloodCare hosts up to 30 mobile blood drives daily. To find the nearest blood drive, visit CarterBloodCare.org or call 800-366-2834.

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From Suburban News Staff Writers

Earth Day April 22



Earth Day is an annual event observed on April 22 to demonstrate support for environmental protection.

First held on April 22, 1970, it now includes several events coordinated globally by EarthDay.org.

The official theme for 2022 is Planet vs. Plastics.

Earth Day is meant to be spent celebrating the planet's clean, natural resources. In recent years, the day has been used to raise awareness about global climate change.

Today, Earth Day is widely recognized as the largest secular observance in the world, marked by more than a billion people every year as a day of action to change human behavior and create global, national and local policy changes.

Submit photos of your Earth Day activities to suburbannews@sbcglobal.net.





From the City River Oaks

River Oaks Food Bank Tips

The River Oaks Food Bank donation days are held on the second and fourth Fridays of each month at the River Oaks Event Center, located at 5300 Blackstone Drive in River Oaks.

Attendees are encouraged to begin lining up by 9 a.m. to get a place in line.

The supply truck often arrives early, meaning the food is given to line members earlier than the posted time.

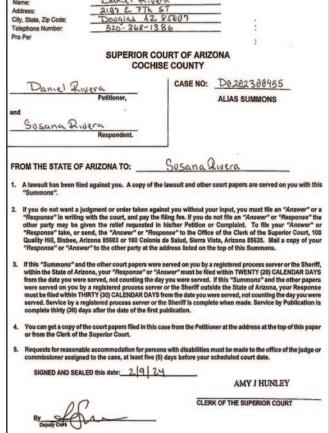
Attendees are requested to stay in their vehicle, as the food bank is drive through.

For more information, call 817-732-5885.





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Wings Over Cowtown Brings Community Members Out!

The United States Navy Blue Angels flight demonstration team excelled at the air show on April 13 and 14 at the NASJRB.

Since 1946, they have showcased their flying techniques of amazing formations throughout the country with precision and power of naval aviation. By design and by their nature, naval forces operate abroad and are seldom seen by our nations citizens. Revelers in Cowtown witnessed this over-the-top air show that drew thousands of spectators.

The Blue Angels team is stationed at Forest Sherman Field Naval Air Station in Pensacola, Fla. Since inception, the Blue Angels have flown for more than 500 million observers worldwide. Participants enjoyed military and civilian aircraft displays, novelty shopping, food and beverage booths were available along with a Kid Zone area for games and activities.



Kenn Christiansen, Michelle Christiansen and Dan McClinton prepare to take photos.



Jimmy Nguyen gets his camera ready for fly-overs



B-25 Yellow Rose from the Commemorative Air Force Central Texas Wing wowed the crowd at the NAS JRB.

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The Blue Angels in flight.



Spectators await the arrival of the Blue Angels.



Alexandria Allen and Angel Rodriguez brought their daughter Willow to the event.

From the River Oaks Police Department & FBI.Gov

On the Internet: Be Cautious When Connected

Everyday tasks—opening an email attachment, following a link in a text message, making an online purchase—can open you up to online criminals who want to harm your systems or steal from you. Preventing internet-enabled crimes and cyber intrusions requires each of us to be aware and on guard.

Protect Your Systems and Data

- Keep systems and software up to date and install a strong, reputable anti-virus program.
- Create a strong and unique passphrase for each online account you hold and change them regularly. Using the same passphrase across several accounts makes you more vulnerable if one account is breached.
- Do not open any attachments unless you are expecting the file, document, or invoice and have verified the sender's email address.

Protect Your Connections

- Be careful when connecting to a public Wi-Fi network and do not conduct any sensitive transactions, including purchases, when on a public network.
- Avoid using free charging stations in airports, hotels, or shopping centers. Bad actors have figured out ways to use public USB ports to introduce malware and monitoring software onto devices that access these ports. Carry your own charger and USB cord and use an electrical outlet instead.

Protect Your Money and Information

- Examine the email address in all correspondence and scrutinize website URLs. Scammers often mimic a legitimate site or email address by using a slight variation in spelling. Or an email may look like it came from a legitimate company, but the actual email address is suspicious.
- Do not click the link in an unsolicited text message or email that asks you to update, check, or verify your account information. If you are concerned about the status of your account, go to the company's website to log into your account or call the phone number listed on the official website to see if Backyard Life site at exmark.com/backyard. something does in fact need your attention.
- or transfer of funds.
- Be extra suspicious of any message that urges immediate action.
- Make online purchases with a credit card for an extra layer of protection against fraud.
- Do not send money to any person you meet online or allow a person you don't know well to access your bank account to transfer money in or out.

From StatePoint

How to Start or Expand Your Garden and Make it Thrive

Starting a garden for the first time or expanding an existing plot is easier than you may think. With a little love and care, your green space will bloom and thrive.

"For anyone with the inclination, a beautiful lawn and garden is always within reach," says Jamie Briggs, director of marketing, Exmark, a leading manufacturer of commercial mowers and equipment for landscape professionals and homeowners with a lot of lawn to cut.

This is the driving idea behind "Backyard Smart," a free online video series. These short explainer videos are full of facts and relevant information to answer your most common lawn and garden questions. The following planting strategies come directly from two recent "Backyard Smart" episodes:

• Start With Seeds: Looking to add new plants to your garden and flower bed? Try starting from scratch. While most nurseries have limited species of mature plants to select from, there are literally thousands of varieties of seeds available at dirt cheap prices. A quick trip to the seed kiosk in your local hardware store offers the potential for you to enjoy flowers you've never seen and vegetables you've never tasted.

"It's easy to be intimidated by the prospect of growing plants from seeds but the truth is that all you need is soil, just the right amount of water and lots of sunshine," says Briggs. "Nature will handle the rest."

• Practice "Companion Planting": Whether it's growing marigolds alongside tomatoes to block bad bugs or planting corn next so squash to provide shade, plants are kind of like people, they do better with a buddy. Companion plants help block weeds, prevent pests, create fertile soil, promote pollination and offer plants a place to climb. In fact, people have been practicing this technique for centuries to create vigorous gar-

For more entertaining, easy-to-understand approaches to making the most of your outdoor spaces, check out the Exmark

If you've always dreamed of having your own, homegrown, • Carefully scrutinize all electronic requests for a payment fruits and vegetables in your cooking, or brightening your home with fresh-cut flowers, there is no better time than the present to pursue this dream. The long sunshiny days of summer are ideal for developing your green thumb.

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Texas History Minute

Children's Rights Activist, Edna Gladney by Dr. Ken Bridges



"It is easier to build strong children than it is to repair broken men," is the famous quote from writer and abolitionist Frederick suring that in loving homes there would not be a difference in Douglass.

Countless men and women have dedicated their lives to helping children. Most successful people in the world will point to those special influences from their childhoods for their inspiration.

Texan **Edna Gladney** devoted her life to improving the lives of children, providing love and finding homes for children. Gladney began a movement that made life better for children across the state.

Gladney was born in Milwaukee, Wis., in 1886 to a young woman named Minnie Nell. Her mother was 17 at the time she gave birth and unmarried, considered scandalous at the time. Very little was known about her father. However, her mother later married a hard-working clerk. After her stepfather's death in 1904, her mother sent her to Fort Worth to live with relatives.

While living on Fort Worth, she met Sam Gladney. The two married in 1906. Already, she had an interest in helping children as she joined the board of directors for the Texas Children's Home and Aid Society by 1910. In 1913, she and her husband moved to Sherman where her husband opened the successful Gladney Milling Company. Gladney herself joined the Sherman Civic League and became deeply involved in local causes.

A visit to the Grayson County Poor Farm changed her life. Like many other southern counties, Grayson County had established a farm where the poor, mentally ill, homeless, orphans, and elderly could live and work to earn their rent. However, the facility had been neglected for years, and Gladney found children at the facility in appalling conditions. She began sending many of the orphans at the facility to the Texas Children's Home in

Fort Worth. Along with other women in Sherman, she organized a free day care and kindergarten facility to help working women, financed by the Gladneys and local businesses.

In 1927, she was named superintendent of the children's home and worked tirelessly for the education of the children and attempted to find them good homes.

She believed that children should not carry the stigmas of their parents' actions. By the 1930s, she expanded the home's reach by adding programs to help unmarried mothers.

Gladney also began a campaign to change the state law to remove the word "illegitimate" from the birth certificates of children whose parents were unmarried or who were being given up for adoption. Supporters went so far as to say that she knocked on every door in Texas to make the change, though an exaggeration. In 1936, Gov. Jimmy Allred signed legislation ending the practice of marking children as "illegitimate" on their birth certificates.

Her work began to change many attitudes about children, entreatment for "illegitimate" or "adopted" and those born under other circumstances, that they would all just be seen as children and as worthy of love and a chance for a good life as anyone else.

In 1941, a movie was made about Gladney's life and work, "Blossoms in the Dust", though portions of the story were fictionalized. It starred famed actress Greer Garson as Gladney and Walter Pidgeon as her husband. The movie was nominated for four Academy Awards in 1942, including Best Picture and Garson for Best Actress. The film won the award for Best Art Direction.

In 1950, the children's home bought the adjacent West Texas Maternity Hospital, and the board of directors changed the name of the entire facility to the Edna Gladney Home in honor of her work.

She continued to work with abandoned and orphaned children for the rest of her life. She died in Fort Worth in 1961, having placed thousands of children in safe and loving homes.

The Edna Gladney Home continued the mission she had started after her passing. Within a few years of her death, the facility had expanded to include an on-site middle school and onsite high school, coordinating with Fort Worth school officials.

By the 1980s, the organization included services for expectant mothers off-site, counseling services, parenting classes, and services to help adopted children find their biological parents through a voluntary registry system.

In the 1990s, the home was renamed the Gladney Center for Adoption. It has now found homes for more than 20,000 children and celebrates a century-long tradition of providing hope and love for children.

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Weekend Forecast



Friday, April 19:

AM - Mostly cloudy, with a high near 73. North northeast wind 10 to 15 mph, with gusts as high as 20 mph.

PM - A chance of showers and thunderstorms, then showers likely and possibly a thunderstorm after 1am. Cloudy, with a low around 57. Northeast wind around 10 mph. Chance of precipitation is 70%.



Saturday, April 20:

AM - Showers and possibly a thunderstorm. High near 64. East northeast wind around 15 mph, with gusts as high as 25 mph. Chance of precipitation is 80%.

PM - Showers and possibly a thunderstorm. Low around 51. Northeast wind around 15 mph, with gusts as high as 25 mph. Chance of precipitation is 80%.



Sunday, April 21:

AM - A 20 percent chance of showers and thunderstorms before 1pm. Mostly cloudy, with a high near 61.

PM - Partly cloudy, with a low around 47.

Extended Forecast Click Here